

# The Truth of FALUN DAFA

A Powerful Qigong Practice Based On  
The Essential Characteristics of the Universe

## Truthfulness, Benevolence, Forbearance

- Introduced in 1992 - Well accepted by people in all walks of life
- Has greatly improved the health and peace of mind for over 100 million people
- Banned and persecuted by the Chinese government since 1999 --42 died in custody already.

Falun Dafa, also known as Falun Gong, is an advanced traditional Chinese Qigong practice designed to improve the mind and body through exercise and meditation.

## A Brutal Crackdown on a Peaceful Practice - Why?

Before July 1999



After July 1999



- Ms. Zhao Xin (above), a university lecturer in Beijing, was left paralyzed after being tortured by police because she practiced Falun Gong in a park. She is in critical condition.

Now, in China, people no longer have the right to practice Falun Gong - a peaceful meditation practice based on the principles of "Truthfulness, Benevolence and Forbearance." Those petitioning the central government are detained, imprisoned, persecuted, and even tortured to death.

The persecution has been going on for over one year. Although certain officials expressed their personal sympathy about the situation, blood has been shed. The formal position of the Chinese Government has encouraged its violent tactics against Falun Dafa. In the face of these events, practitioners inside and outside of China are hoping that the TRUTH about the peaceful teachings will radiate and touch people's hearts around the world. Falun Gong has received support from many international organizations, including Human Rights Watch, Amnesty International, and groups within the United Nations.

## What You Can Do to Help Practitioners in China

- Raise the awareness of the brutality of the Chinese government
- Write or fax your congressional representatives and senators asking them to support Falun Gong.
- For more information: <http://falundafa.org> or <http://clearwisdom.net>